



RESTAURANT

la Quintessence

MEAL PLAN

APPETIZERS

Soup of the day

Red wine and yellow French onion soup,
Windigo cheese from Mont-laurier

Mesclun salad, orange & pumpkin seeds, mint yogurt &
housemade vinaigrette

Caesar salad, smoked duck bacon,
kale, fried capers & garlic flower croutons

Beef tartare with sun-dried tomatoes and parmesan

Grilled octopus, chorizo, tomatoes & peppers,
cilantro & black garlic mayo

Extra 6

★ Duck poutine, sweet potatoes, port wine
sauce, 'Riopelle' cheese

Extra 5

Pan seared foie gras, gingerbread with
poached pear deglazed with Sortilège

Extra 11

Oysters of the market (6)

Extra 12

Rockefeller oysters (6)

Extra 18

★ Signature dishes / plus taxes (service included)

*3- service Menu included with our Lodging packages
including dinner*



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MAIN DISHES

Ratatouille & mushrooms sautéed, roasted pine nuts
and balsamic caramel

Arctic char, quinoa with leek & orange,
red wine & cardamom caramel

Smoked piglet loin from Gaspor farm, sweet potato purée,
balsamic cipollini onions, veal juice with pesto

★ Pan seared duck breast and leg confit,
sweet potato purée & honeyberry sauce

Shrimps, mussels and scallops, parmesan polenta,
fennel, pernod & creamy saffron sauce

Extra 21

Milk-fed veal chop, roasted garlic potato purée,
xeres vinegar sauce

Extra 9

★ Angus beef filet, garnished rustic style,
piglet bacon, pepper sauce

(6 oz) Extra 21 (8 oz) Extra 31

SIDE DISHES

Grilled asparagus	8
Sautéed mushrooms	12
Vegetables	10
Shrimp 6/8	8
Scallop U/10	10
Caviar 'Impérial'	60
Pan seared foie gras	16

★ Signature dishes / plus taxes



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Meal Plan Desserts

Ying and Yang strawberry fruit salad,
balsamic vinegar & chocolate

Dark chocolate lava cake & vanilla ice cream

Hot pecan 'Pure Québec' tart, vanilla ice cream
- Extra | 7 -

Sorbet and ice cream trio:
Seasonal flavors

Maple crème brûlée

Fine cheeses of Québec
3 cheeses 100 g - Extra | 15
6 cheeses 200 g - Extra | 25

Per unit: Truffle - 2.50
Raspberry dark chocolate - 2
'Rocher' milk chocolate - 2.50
Macaroon, seasonal flavors - 2.50